

GENERAL SCHOLASTIC ABILITY TEST

115

A n n o M M X X V I

E N G L I S H · L I S T E N I N G

115 年 英聽考古題

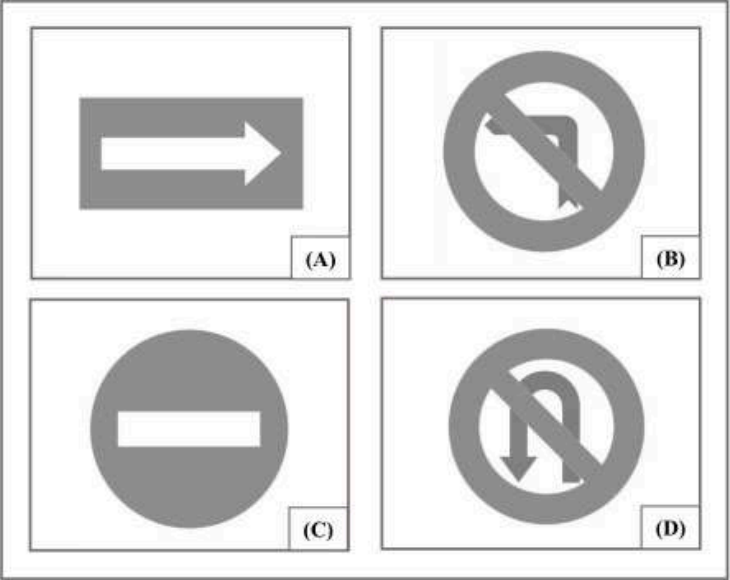
學科能力測驗・英語聽力測驗

ITEMS	GRADE CUT-OFFS	CONTENTS
40 題	A 35・B 25.5・C 11	試題・答案・聽力稿・解析

圖片聽解（單選）

1.

第 1 題



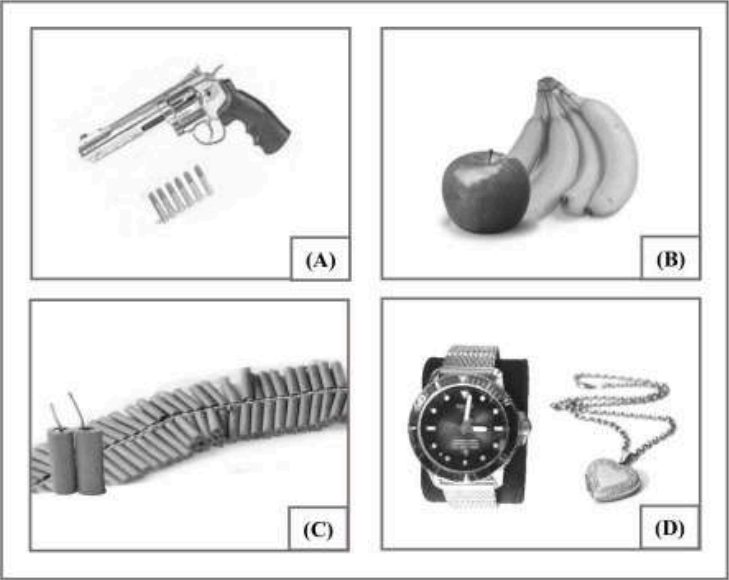
2.

第 2 題



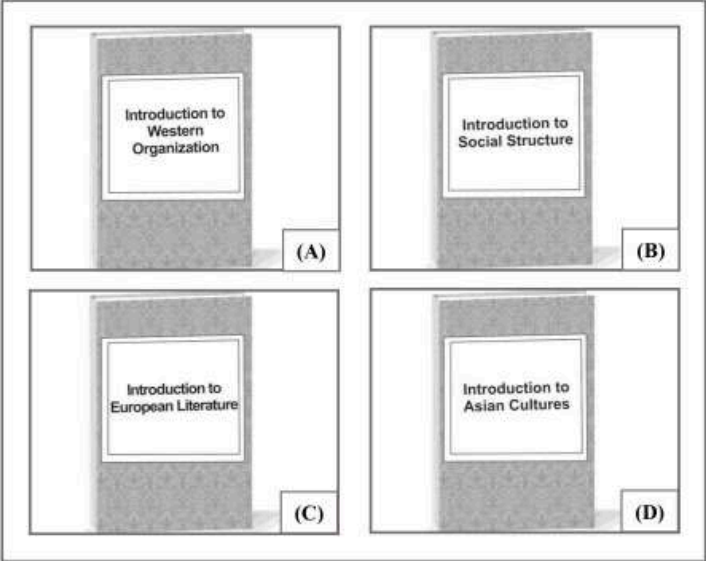
3.

第 3 題



4.

第 4 題



圖片聽解（多選）

5. 多選（選2個）

第 5 題（Picture 5）



（選項於錄音中播出，請依所聽內容作答）

6. 多選（選2個）

第 6 題（Picture 6）



（選項於錄音中播出，請依所聽內容作答）

7. 多選 (選2個)

第 7 題 (Picture 7)

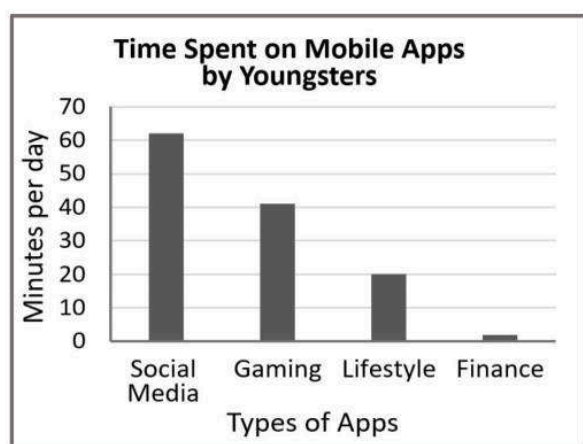
Embarrassing Situations for Students during Online Classes

- #1 Family members always check on me.
- #2 I have a poor Internet connection.
- #3 Everyone in class can see my room.
- #4 I do not look good on the screen.

(選項於錄音中播出，請依所聽內容作答)

8. 多選 (選2個)

第 8 題 (Picture 8)



- 4 -

(選項於錄音中播出，請依所聽內容作答)

對答

9.

- (A) We'd better take our raincoats.
- (C) It's so crowded here this afternoon.

- (B) I have to wait another two hours.
- (D) It all depends on how she's feeling.

10.

- (A) Just let go of my cat.
- (C) Tell your dog to be quiet.

- (B) There's no parking here.
- (D) I don't think they get along.

11.

- (A) You're right. I need your help.
- (B) Sure, please fill out this form first.
- (C) No, I can't. I've missed the deadline.
- (D) Sorry, the student dorm is already full.

12.

- (A) Sure, I know a great Italian restaurant.
- (B) I hate to say no, but I can't have visitors.
- (C) Sorry, I don't have time to go over it tonight.
- (D) I'd love to, but I have an online meeting to attend.

13.

- (A) May I borrow it after you are done?
- (B) I'll see what I can do about the book.
- (C) Would you please finish writing the book?
- (D) I'll help you carry the books to the library.

14.

- (A) I don't like water sports.
- (B) My mom doesn't like flowers.
- (C) No, thanks. My brother will do it for me.
- (D) Yes, please. I really should drink more water.

15.

- (A) No, I was thinking about flying home soon.
- (B) Yes, it's beautiful over there in the summer.
- (C) It's OK, but I wouldn't really recommend it.
- (D) Well, it all depends on when you want to travel.

16.

- | | |
|---|--|
| (A) Honestly, I like them both. | (B) Trust me. You look perfect. |
| (C) This address is near a green space. | (D) Blue cheese is my favorite dressing. |

簡短對話

17.

- | | |
|----------------------------|----------------------------|
| (A) Flying an airplane. | (B) Directing the traffic. |
| (C) Driving an automobile. | (D) Handling an emergency. |

18.

- | | |
|----------------------------|----------------------------------|
| (A) Take her shoes off. | (B) Wear her shoes inside. |
| (C) Go buy Japanese shoes. | (D) Wear more comfortable shoes. |

19.

- | | |
|---------------------------------|---|
| (A) The soup is homemade. | (B) The man is a great cook. |
| (C) The man is not very hungry. | (D) The woman is eager to try the soup. |

20.

- (A) Call Mr. Williams later.
- (B) Make an excuse for him.
- (C) Take a client out for lunch.
- (D) Avoid giving him a new client.

21. 第 21-22 題為題組

- (A) Her son.
- (B) Her father.
- (C) Her daughter.
- (D) Her husband.

22.

- (A) She will buy another green teapot.
- (B) She will tell her husband the truth.
- (C) She does not mind losing the teapot.
- (D) She does not love her husband much.

23. 第 23-24 題為題組

- (A) He is going to open a new bakery in Tainan.
- (B) He is not confident that his business idea will succeed.
- (C) He has lost his interest in opening his own baking school.
- (D) He will not seek professional assistance at a business school.

24.

- (A) Design courses for his baking school.
- (B) Find a good location for his business.
- (C) Attend classes on business management.
- (D) Talk to his customers about creative baking.

短文聽解

25. 第 25-26 題為題組

According to the talk, which of the following is true about the speaker?

- (A) She is almost 20.
- (B) She has just turned 19.
- (C) She is going to be 19 soon.
- (D) She has been 19 for six months.

26.

According to the talk, why didn't the speaker go to Korea with her friends?

- (A) She was not feeling well.
- (B) A member of her family died.
- (C) Her friends canceled the trip.
- (D) She lost an important document.

27. 第 27-28 題為題組

Which of the following is NOT discussed in the talk?

- (A) How to apply sunscreen properly.
- (B) How to store sunscreen products.
- (C) How to wash off sunscreen after swimming.
- (D) How to take good care of your skin in the sun.

28.

According to the talk, how often should you apply sunscreen?

- (A) The more often, the better protected.
- (B) About once every two to three hours.
- (C) Depending on the quality of the sunscreen.
- (D) More often than once every two to three hours.

29. 第 29-30 題為題組

What is this talk mainly about?

- | | |
|--|--|
| (A) The proper daily amount of salt. | (B) The right kind of food for children. |
| (C) A new variety of salt on the market. | (D) A study about sleep done in the UK. |

30.

According to the talk, which of the following is true?

- (A) British people care a lot about their health and diet.
- (B) Elderly people should avoid drinking water before bed.
- (C) The study is about individuals eating too much junk food.
- (D) Adults should not consume more than 6 grams of salt a day.

31. 第 31-32 題為題組

Who is most likely the target audience of the talk?

- (A) People who want to design footwear.
- (B) People who want to appear in movies.
- (C) People who want to make more money.
- (D) People who want to look more fashionable.

32.

Which of the following is NOT suggested by the speaker?

- | | |
|--------------------------------|---------------------------------------|
| (A) Put on a hat. | (B) Try the wrong shoes. |
| (C) Wear a pair of high heels. | (D) Mix big things with small things. |

33. 第 33-36 題為題組

Topic Sentence

#1

The weather was .

#2

#3

Concluding Sentence

I wish .

- (A) The man does not know what topic to choose.
- (B) The woman is experienced in teaching writing.
- (C) The woman knows the man's strengths in writing.
- (D) The man does not know what certain terms mean.

34.

- (A) It is a complete sentence.
- (B) It is not an original sentence.
- (C) It does not include an opinion.
- (D) It has little to do with the topic.

35.

- (A) The weather was good.
- (B) He went camping with friends.
- (C) He did not have any homework.
- (D) He had a great summer vacation.

36.

- (A) Getting a good grade.
- (B) Adding a closing sentence.
- (C) His writing being original.
- (D) His vacation lasting longer.

37. 第 37-40 題為題組

NOTES ON "Health for teens"	
Sources of Vitamin D	● Exposure to the sun ➤ _____ minutes, 3 times a week ● Food ➤ Fatty _____ 3 ounces of _____ 450 international units (IU) ➤ Other sources egg yolks, _____, liver, and _____
Proper amount of Vitamin D	● For people ages 1-70: _____ IU ● For people over 70: _____ IU
Problems with too much Vitamin D	● Thirst, vomiting, and _____ problems

(A) On a medical podcast.

(B) On a YouTube channel.

(C) On a live radio program.

(D) On a television commercial.

38.

(A) Why fatty fish is nutritious.

(B) Why Vitamin D is important.

(C) How to get enough Vitamin D.

(D) How to increase exposure to sunshine.

39.

(A) Beef.

(B) Salmon.

(C) Red beans.

(D) Mushrooms.

40.

(A) Too much Vitamin D can lead to kidney problems.

(B) Teenagers can take in as much Vitamin D as they want.

(C) People over 70 need less Vitamin D than younger people.

(D) People should be exposed to sunshine at least 30 minutes every day.

參考答案

1	2	3	4	5	6	7	8	9	10
B	A	D	B	AC	BD	AD	AD	A	D
11	12	13	14	15	16	17	18	19	20
B	D	A	C	D	B	C	A	A	B
21	22	23	24	25	26	27	28	29	30
D	C	B	C	B	A	C	B	A	D
31	32	33	34	35	36	37	38	39	40
D	C	D	C	B	C	B	C	C	A

聽力稿與解析

1. 答案 B

For question 1, you'll listen to a short conversation. Please look at the four pictures. Excuse me, Officer. Why did you stop me? Could you please show me your driver's license? Why? Did I do something wrong? Do you realize that you just turned left in the business zone? It's not allowed. See the traffic sign there? I'm very sorry, Officer. I didn't see it. It's your responsibility to pay attention. I'll have to give you a ticket for this violation. Question 1 Which of the following traffic signs did the man ignore?

警察說 **you just turned left in the business zone. It's not allowed.**，所以男子忽略的是禁止左轉標誌。其他圖是別種交通標誌，文中沒提到違反。

字彙：violation *n.* 違規；traffic sign *n.* 交通標誌；ticket *n.* 罰單

2. 答案 A

For question two, you'll listen to a short conversation. Please look at the four pictures. Good morning. How may I help you? I've been waiting for ages. Sorry to have kept you waiting. What can I do for you? I want to open a savings account. Sure. You need to provide two forms of ID. Oh no! I only have my health insurance card with me today. I'm afraid you have to come back again. The earthy Question 2 Where does the conversation most likely take place?

顧客說 **I want to open a savings account**，櫃員要求 **two forms of ID**，所以地點在銀行。健保卡、等了很久只是細節，不能判斷成醫院或其他場所。

字彙：savings account *n.* 儲蓄帳戶；provide *v.* 提供；ID *n.* 身分證件

3. 答案 D

For question 3, you'll listen to a short talk. Please look at the four pictures. Welcome to our VIP program. In this program, you are allowed to use our safe deposit boxes in the basement. All items in each safe deposit box are well protected. No one can open the box without your permission. As a VIP, you are very welcome to use this service. You can keep many things there, but raw foods and illegal items such as weapons and explosives are not allowed. Decent he Question 3 Which item can be kept in the safe deposit boxes?

廣告說 **raw foods and illegal items such as weapons and explosives are not allowed**。應選不是生鮮、武器或爆裂物的物品圖，其餘三項正是被禁止的種類。

字彙：safe deposit box *n.* 保管箱；explosive *n.* 爆裂物；permission *n.* 許可

4. 答案 B

For question 4, you'll listen to a short conversation. Please look at the four pictures. It's been a while since we last met. How's school? Complaint, I've been taking some really fun classes. Such as Oh, I really like a course called "Introduction to Western Civilization." Sounds interesting. Can you suggest some books on related topics? Hmm, you can check out Western culture in society or introduction to social structure. I remember you love history. So I guess history of western civilization would also be a good pick. Question four. Which book is suggested by the woman?

女子最後說 **history of western civilization would also be a good pick**，因為對方愛歷史。應選西方文明史的書；其他書名與談話中的課程或主題相近，是干擾。

字彙：civilization *n.* 文明；suggest *v.* 建議；structure *n.* 結構

5. 答案 A、C

For question five Please look at Picture 5. Question 5 Which two of the following are true about the picture? There are two baby birds in the nest. There is a bird building a nest in the tree. The mother bird is feeding the baby birds. The mother bird is flying in the sky looking for food.

依圖，鳥巢裡有兩隻雛鳥（**two baby birds in the nest**），且母鳥正在餵食（**feeding the baby birds**）。鳥正在築巢、母鳥在空中找食物是圖中沒有的動作，屬相近情境干擾。

字彙：nest *n.* 鳥巢；feed *v.* 餵食；mother bird *n.* 母鳥

6. 答案 B、D

For question 6, please look at picture 6. Question 6 Which two of the following are true about the picture? The outdoor exhibition presents many statues. B. The museum is showing an exhibition of ancient art. Most of the paintings in the room are genuine. Some people are looking at statues in the museum.

依圖，博物館展出古代藝術（**ancient art**），也有人在館內看雕像（**looking at statues in the museum**）。戶外展出雕像、多數畫作是真品，圖中無法看出，屬未提及的資訊。

字彙：exhibition *n.* 展覽；statue *n.* 雕像；genuine *adj.* 真品的

7. 答案 A、D

For question 7 Please look at picture 7. Question 7 Which two of the following are true about the list. Students dislike being watched by their family members. Students have little concern about the quality of the internet. Students would like to share what their rooms look like. Students care how they look on the camera.

依清單，學生不喜歡被家人看到（**dislike being watched by family**），也在意鏡頭前的樣子（**care how they look on camera**）。在意網路品質與不想分享房間，與清單相反。

字彙：dislike *v.* 不喜歡；camera *n.* 鏡頭；concern *n.* 在意的事

8. 答案 A、D

For question 8, please look at picture 8. Question 8. Two of the following are true about the bar graph. A. Young people spend the most time on social media apps. B. youngsters spend more than an hour a day playing games. C. About 20% of young people like to use lifestyle apps. D. Only a few minutes are spent on finance apps by youngsters.

依長條圖，年輕人在社群 app 花最多時間，而財經 app 只有 **a few minutes**。遊戲超過一小時、約 20% 喜歡生活類 app 與圖中數據不符。

字彙：bar graph *n.* 長條圖；finance *n.* 財務；lifestyle *n.* 生活型態

9. 答案 A

Question 9 Look at those clouds. I think it's going to be another wet afternoon.

說話者看雲說 **another wet afternoon**，預期又要下雨，**We'd better take our raincoats** 是最合理的建議。再等兩小時、很擁擠、看她心情都與天氣預測無關。

字彙：cloud *n.* 雲；raincoat *n.* 雨衣；wet *adj.* 潮濕的

10. 答案 D

Question 10 Hey, do something about your dog. It's barking at my cat like crazy.

鄰居抱怨 **your dog is barking at my cat** , **I don't think they get along** 說明兩隻動物合不來，是合理解釋。放開貓、禁止停車、叫狗安靜非自然回應。

字彙：bark *v.* 吠叫；get along *phr.* 處得來；let go *phr.* 放開

11. 答案 B

Question 11. Excuse me, I'm looking for some financial assistance. Can you help me to see if I'm qualified to apply for a student loan?

學生問能否確認有資格申請 **student loan** , 職員回答 **please fill out this form first** 請先填表。其他選項說需要你幫忙、錯過期限、宿舍客滿，沒有回應。

字彙：qualified *adj.* 有資格的；loan *n.* 貸款；financial *adj.* 財務的

12. 答案 D

Question 12 Thanks for your help today. I was just wondering if you'd like to come over for dinner tonight.

對方邀你 **come over for dinner tonight** , **I'd love to, but I have an online meeting** 是禮貌婉拒並說明原因。其他選項談餐廳、訪客、看資料，皆未回應邀請。

字彙：come over *phr.* 來訪；attend *v.* 出席；online *adj.* 線上的

13. 答案 A

Question 13 This new novel is so much better than I expected. I can't put it down.

說話者稱讚新小說 **I can't put it down** , 聽者最自然的反應是想看 , **May I borrow it after you are done?** 其他選項談完成寫書、搬書去圖書館，不合語意。

字彙：novel *n.* 小說；borrow *v.* 借入；put down *phr.* 放下

14. 答案 C

Question 14 You're leaving tomorrow. Would you like me to water the flowers while you're away?

對方問 **water the flowers** , **No, thanks. My brother will do it** 婉拒並說已有人處理。Yes 後說多喝水誤解 water；水上運動、媽媽不喜歡花只是重複字詞。

字彙：water *v.* 澆水；away *adv.* 不在；flower *n.* 花

15. 答案 D

Question 15. I'm going back to Japan. Do you have any idea how much a plane ticket costs?

詢問回日本機票價格 , **it all depends on when you want to travel** 說明票價看出發時間而定。其他選項回答是否回家、夏天風景或推薦，皆非票價問題。

字彙：ticket *n.* 機票；depend on *phr.* 取決於；recommend *v.* 推薦

16. 答案 B

Question 16 Be honest, do you like my new green and blue dress?

對方問 **do you like my new green and blue dress?** , **You look perfect.** 給予肯定。兩者都喜歡未針對洋裝；green space 只是重複字。

字彙：honest *adj.* 誠實的；dress *n.* 洋裝；perfect *adj.* 完美的

17. 答案 C

For question 17, you'll listen to a short conversation. Can you slow down? You're making me nervous. Take it easy. I know what I'm doing. I've never had an accident. But it's raining and the traffic is really heavy. Please slow down a bit. When will the plane land? We still have plenty of time. In fact, we don't have to be there until 11 o'clock. They should sit here. Question 17 What is the man most likely doing? 對話有 **Can you slow down?**、**it's raining and the traffic is really heavy**，可知男子正在開車。plane 是趕時間或接機，並非他在飛行；沒有指揮交通或緊急事件。

字彙：slow down *phr.* 減速；traffic *n.* 交通；land *v.* 降落

18. 答案 A

For question 18 You'll listen to a short conversation. Should I take off my shoes? You can wear your shoes inside if you like. It's not like in Japan. Okay, but I'll take them off if you don't mind. I'm not used to wearing shoes inside. No problem. Just make yourself comfortable. The shabbat heat. Question 18 Does the woman decide to do?

主人說可以穿鞋進屋，但女子說 **I'll take them off. I'm not used to wearing shoes inside.**，所以她決定脫鞋。穿鞋進屋是主人給的選項；日本只是比較對象。

字彙：take off *phr.* 脫下；used to *phr.* 習慣於；comfortable *adj.* 舒適的

19. 答案 A

For question 19, you'll listen to a short conversation. I'm home. What have you been doing? I've been in the kitchen all day. Would you like to try this soup? You made it yourself? Of course! The first soup I've ever made! No, no! I'm not really hungry at the moment. You don't need to be hungry. I just want you to try the soup. Okay, okay. I'll give it a try if you insist. Then she tilted. Question 19 Which of the following is true about the conversation?

其中一人說自己 **been in the kitchen all day**，並說這是 **first soup I've ever made**，所以湯是自製的。第一次做不能說很會煮；另一人先說不餓，被勸說才願意試，並非迫不及待。

字彙：homemade *adj.* 自製的；insist *v.* 堅持；hungry *adj.* 餓的

20. 答案 B

For question 20, you'll listen to a short conversation. If a Mr. Williams calls, could you tell him that I won't be back to the office until tomorrow? Okay, but why? Oh, he's one of my clients. He's causing trouble, and I want to avoid him for a day or two. I see. Don't worry, I'll take care of that. The Earth should be. Question 20. What will the woman most likely do for the man?

男子請對方在 Mr. Williams 來電時說 **I won't be back until tomorrow**，因他想避開麻煩客戶，所以女子會幫他找藉口。不是回電、請客戶吃飯或不給新客戶。

字彙：excuse *n.* 藉口；client *n.* 客戶；avoid *v.* 避開

21. 答案 D

For questions 21 and 22. You'll listen to a conversation. Have you seen the dark green teapot? Um... It's usually in this cupboard, but... Mom. Yeah. I have an apology to make. What for? The teapot. Oh? It's broken. I mean, I broke it while I was making tea. Oh, dear! I've had it for 20 years. You know who gave it to me, don't you? Yeah, dad. It was the first present he ever gave you. That's right. I'm so sorry. I really didn't mean to. Actually, I have something to tell you. Oh, what is it? Ever tell your dad but I never really liked it. It's such an unpleasant color. Mom, it's true. I even thought about accidentally dropping it myself. More than once. Question 21 Who gave the teapot to the woman?

孩子稱女子為 **Mom**，並說 **dad** 送過這只茶壺，是 **the first present he ever gave you**，所以送禮者是女子的丈夫。女子的父親、兒子、女兒都是稱謂混淆。

字彙：teapot *n.* 茶壺；cupboard *n.* 櫥櫃；present *n.* 禮物

22. 答案 C

Question 22 Can we learn about the woman from the conversation?

女子聽到茶壺打破後坦承 **I never really liked it. It's such an unpleasant color.**，還想過自己失手摔掉，可知她不在意失去茶壺。她並未說要再買、告訴丈夫真相或不愛丈夫。

字彙：unpleasant *adj.* 令人不快的；apology *n.* 道歉；accidentally *adv.* 意外地

23. 答案 B

For questions 23 and 24, you'll listen to a conversation. Roger, I've heard that you're going to start a baking school in Tynon.

Congratulations. Thanks. I've always been interested in baking, and now I just want to take my interest to the next level and turn it into a business. That sounds very exciting. Courses will you offer in your school? I'll teach people how to bake everything from bread to desserts. There will be courses on creative baking as well. Honestly, I'm very concerned about my chances of success. I can understand that. Starting a business is never easy. Would you consider seeking professional assistance? Sure. Tell me more about it. There are many courses that can help you come up with effective business ideas. Sometimes successful business people are invited to give talks, review students' business plans, and offer professional advice. I can't wait to sign up for these courses. The Aja Santi Question 23 Which of the following is true about the man.

男子說 **I'm very concerned about my chances of success**，表示對創業能否成功沒信心。他要開的是烘焙學校，不是麵包店；仍有興趣，也願尋求專業協助。

字彙：bakery *n.* 烘焙坊；confident *adj.* 有信心的；concerned *adj.* 擔心的

24. 答案 C

Question 24 What will the man most likely do next?

男子聽到課程可幫助 **come up with effective business ideas**，說 **I can't wait to sign up**，所以接下來會上企業管理課。設計烘焙課程、找地點、談創意烘焙都沒談及。

字彙：management *n.* 管理；professional *adj.* 專業的；sign up *phr.* 報名

25. 答案 B

Questions 25 and 26 are based on the following talk. In Chinese culture, many people think 19 is an unlucky age. I thought it was just a silly superstition. But I recently turned 19 and now I'm not so sure. On my birthday, I caught the flu. I felt like I was dying. And so I missed out on a trip to Korea that I'd planned with two friends. Two weeks later, I lost my student ID card. Days to get a new one, and life without it was really inconvenient. I've only been 19 for less than a month. I really can't wait to turn 20.

講者說 **I recently turned 19**，又說 **only been 19 for less than a month**，所以剛滿 19 歲。快 20 歲是她盼望的，即將 19 歲或已 19 歲半年皆與時間不符。

字彙：superstition *n.* 迷信；recently *adv.* 最近；unlucky *adj.* 不幸的

26. 答案 A

Questions 25 and 26 are based on the following talk. In Chinese culture, many people think 19 is an unlucky age. I thought it was just a silly superstition. But I recently turned 19 and now I'm not so sure. On my birthday, I caught the flu. I felt like I was dying. And so I missed out on a trip to Korea that I'd planned with two friends. Two weeks later, I lost my student ID card. Days to get a new one, and life without it was really inconvenient. I've only been 19 for less than a month. I really can't wait to turn 20.

講者說生日當天 **I caught the flu. I felt like I was dying**，因而錯過韓國之旅，所以是身體不舒服。她後來才遺失學生證，並非原因；沒有家人過世，朋友也沒有取消。

字彙：flu *n.* 流感；miss out on *phr.* 錯過；inconvenient *adj.* 不方便的

27. 答案 C

Questions 27 and 28 are based on the following talk. What's the best way to look after your skin when you're planning to spend time outside in the sun? First on sunny days Make sure you cover all your exposed skin with sunscreen. And don't forget to check the manufacturer or expiration date of your sunscreen. If it's too old, it won't work as well. Make sure you store your sunscreen in a cool, dry place when you're not using it. Make sure you apply sunscreen more than once a day. It doesn't last forever. You should put it on every 2 to 3 hours. And if you go swimming, apply it more often because it will wash off. Third, when you do get out of the sun... Consider cooling your skin down with body lotion.

講者談如何擦防曬 (**cover all exposed skin**)、儲存 (**cool, dry place**)、曬後保養皮膚。游泳會使防曬 **wash off** 要多補擦，但並未討論如何洗掉防曬，所以此為 NOT 的答案。

字彙：sunscreen *n.* 防曬乳；expiration *n.* 到期；exposed *adj.* 暴露的

28. 答案 B

Questions 27 and 28 are based on the following talk. What's the best way to look after your skin when you're planning to spend time outside in the sun? First on sunny days Make sure you cover all your exposed skin with sunscreen. And don't forget to check the manufacturer or expiration date of your sunscreen. If it's too old, it won't work as well. Make sure you store your sunscreen in a cool, dry place when you're not using it. Make sure you apply sunscreen more than once a day. It doesn't last forever. You should put it on every 2 to 3 hours. And if you go swimming, apply it more often because it will wash off. Third, when you do get out of the sun... Consider cooling your skin down with body lotion.

講者說 **You should put it on every 2 to 3 hours.**，所以約每兩到三小時一次。越常擦越好、視品質而定、比兩三小時更頻繁，除游泳外未說明，皆非原文。

字彙：apply *v.* 塗抹；manufacturer *n.* 製造商；last *v.* 持續

29. 答案 A

Questions 29 and 30 are based on the following talk. People who wake up at night to go to the bathroom may need to cut back on salt in their diet. In a study of more than 300 volunteers. Researchers found that eating less salt helped people to sleep through the night. So how much salt is right for you? Adults in the UK are recommended to eat no more than 6 grams of salt a day. Children should eat less. Only 2 grams of salt for ages 1 to 3. 5 grams for 7 to 10 year olds and up to 6 grams after age 11. If you think you need to reduce the amount of salt in your diet. Then it might be a good idea to avoid foods like bacon, ham, Cheese and chips. These are all high in salt, with more than 1.5 grams of salt per 100 grams.

講者先說減少鹽可能幫助夜間少起床，再問 **how much salt is right for you**，列出成人 **no more than 6 grams a day**，主旨是每日適當鹽量。其餘只是片段。

字彙：salt *n.* 鹽；recommend *v.* 建議；volunteer *n.* 志願者

30. 答案 D

Questions 29 and 30 are based on the following talk. People who wake up at night to go to the bathroom may need to cut back on salt in their diet. In a study of more than 300 volunteers. Researchers found that eating less salt helped people to sleep through the night. So how much salt is right for you? Adults in the UK are recommended to eat no more than 6 grams of salt a day. Children should eat less. Only 2 grams of salt for ages 1 to 3. 5 grams for 7 to 10 year olds and up to 6 grams after age 11. If you think you need to reduce the amount of salt in your diet. Then it might be a good idea to avoid foods like bacon, ham, Cheese and chips. These are all high in salt, with more than 1.5 grams of salt per 100 grams.

講者說 **Adults in the UK ... no more than 6 grams of salt a day**，所以成人每日不超過六公克。關心健康、老人少喝水、垃圾食物都沒提到。

字彙：consume *v.* 攝取；gram *n.* 公克；diet *n.* 飲食

36. 答案 C

Question 36 What does the man say that he does not care about?

女子說段落不太原創，男子回 **I don't care about that. Originality isn't one of my strong points.** 所以不在意原創性。結尾句是女子提醒；暑假永遠是他的結語。

字彙：originality *n.* 原創性；concluding *adj.* 結尾的；strong point *n.* 強項

37. 答案 B

Questions 37-40 are based on the following talk. Thank you for watching Health for Teens. As you grow up, your mom often says, "Eat your fish. It's packed with nutrients." When it comes to getting the nutrients your body needs, vitamin D should not be overlooked. Today, I'm going to talk about how to make sure you receive a proper amount of Vitamin D. Vitamin D is known as the Sunshine Vitamin. When exposed to the sun, your body manufactures it. You only need 15 minutes of sun, 3 times a week. For your body to make sufficient vitamin D. You can get vitamin D from other sources, such as fatty fish. A three ounce serving of salmon contains about 450 international units of vitamin D. Foods like egg yolks, mushrooms, liver, and red meat like beef. A rich in vitamin D. For teenagers like you, the proper amount is 600 international units. The intake of 600 international units is for people ages 1 through 70. But for seniors above 70, 800 international units is recommended. It's unusual to have too much Vitamin D. But having too much of it causes thirst, vomiting, and kidney problems. If you find this information helpful. Please give us a thumbs up and don't forget to subscribe to our YouTube channel for more videos. Thank you. The essential duty question 37 Where can you find this talk?

結尾說 **subscribe to our YouTube channel**，可推知節目在 YouTube 頻道。Health for Teens 容易讓人想到醫療 podcast、電視廣告，但原文沒提到。

字彙：subscribe *v.* 訂閱；channel *n.* 頻道；nutrient *n.* 營養素

38. 答案 C

Question 38 What is this talk mainly about?

講者說 **how to make sure you receive a proper amount of Vitamin D**，介紹曬太陽、食物來源及建議量。魚類營養、重要性、增加日曬只是細節，主旨是如何獲得足夠量。

字彙：vitamin *n.* 維生素；sufficient *adj.* 足夠的；intake *n.* 攝取量

39. 答案 C

Question 39 According to this talk, What food is not mentioned as a source of vitamin D?

講者提到 **salmon, egg yolks, mushrooms, liver, and red meat**。Red beans 沒有提及，只和 red meat 的 red 相近，所以是 NOT 答案。

字彙：egg yolk *n.* 蛋黃；liver *n.* 肝臟；mushroom *n.* 蘑菇

40. 答案 A

Question 40 According to this talk, which of the following statements is true?

講者說過量會導致 **thirst, vomiting, and kidney problems**，所以可能引起腎臟問題。青少年建議 600 單位，不是想吃多少；70 歲以上要 800，更多；日曬每週三次 15 分鐘。

字彙：kidney *n.* 腎臟；unit *n.* 單位；intake *n.* 攝取量
